



# Top 10 Habits of Successful Young Christians



By the Lake Worth Young Christians

The beach: 10 minutes away  
Disney World: Three hours away  
Key West: Five hours away  
From the outside looking in, you may think we live in paradise. Sure, we can go to the beach whenever our little hearts desire, and it's no big deal to go to Disney World for the weekend, but like any other young Christians, we have our fair amount of troubles.

Many of us are the sole representatives of The Church of Jesus Christ in our schools; likewise, many of us are juggling college and jobs, as well. But our most important task as young Christians is to spread the love of

Christ to everyone we meet.

To better achieve this, we, the Lake Worth young Christians, have put together a list of the top 10 habits of a successful young Christian. Our desire is that as you read this list, you will be encouraged to reach a deeper level in your walk with Christ.

## 10. Turn Off Cell Phones in Church

It seems like everyone these days is glued to a cell phone. In church, we should be glued to *the* message, not our text messages. Who is so important that they should interrupt your church time with Jesus?

## 9. Encourage Friends to Come to Church

Who likes to be alone? Throughout our lives, we're constantly seeking companionship: "Sit by me at lunch" or "Come to the bathroom with me." Why should church be any different? It may seem daunting to ask a friend to wake up early on a Sunday morning and sit through a two-hour meeting, but think about your life. If someone hadn't "invited" you to church (your parents, grandparents, a friend,) imagine how different your life would be.

## 8. Be a Positive Influence. Show the Love of God

Every day we are bombarded with countless advertisements trying to influence us to buy a product: ShamWOW, QVC, eBay, the list goes on. While some of those influences aren't negative, they're not exactly bettering your life. Advertisers want you to believe that by purchasing a super-absorbent towel, your life will be revolutionized. But how does a towel change your life?

We have something that is a legit life-changer: Jesus Christ. We should strive to show JC to people in our school, at work, or even our own family members. The love of God can feel like a warm blanket fresh out of the dryer to the hard-hearted or to the one who has lost his way.

## 7. Attend GMBA and Area MBA Activities

"I love the thrill that I feel when I get together with..." the GMBA and the Area? Sure! Do you ever try to explain campout or a conference to your friends and they just don't get it? That feeling that encircles you when you spend a weekend with your church family is indescribable...but once you've experienced it for yourself, nothing can replace it. Money can be tight. Schedules can conflict. But try your darndest to get to every church activity you can.

## 6. Listen to Uplifting Music

You don't have "Amazing Grace" on repeat on your iPod? Sinner! (JK) But seriously, having

an iPod full of explicit songs isn't the best idea for a young Christian. If Flo Rida and Kanye are the only artists playing through your ear buds, your brain starts to get confused. Your brain hears positive and uplifting music on Sunday in church, but then if at 12:31 p.m. it hears "Boyfriend" by Justin Bieber, it's going to start to wonder. There are numerous Christian artists who don't sound like a 75-year-old sister playing the organ. To get you started, YouTube Toby Mac, LaCre', Matthew West, Sidewalk Prophets, or if you like things a little twangy, Third Day.

***Sunday School and MBA add to your spiritual backbone. As young Christians, we don't want to be spineless and only attend the Sunday Service.***

## 5. Testify Weekly

"I'd like to stand on my feet today and thank God for..." We seem to get into a pattern with our testimonies. Sometimes it can be a good pattern (testifying weekly) or sometimes it can be a bad pattern (When was the last time I testified? 2003?) Much like the old adage practice makes perfect, the more times you testify, the easier it gets.

There are no requirements you have to meet when you testify. It could be five seconds or one minute. You could have a specific experience to share or simply express your thankfulness for God's protection over the past week. Remember what the Bible says. If we don't praise God, the rocks will cry out (Come on, who wouldn't want to see rocks talk??) Jesus may not have meant that rocks would literally speak, but if you don't praise God, He'll get someone or something else to do it for you.

## 4. Go to Bed Early on Saturday Night

It is 11 p.m. on Saturday night. You have two choices: go to sleep to be rested for church or go to midnight bowling with your buddies. While the black lights, pumpin' music, and disco ball may be fun, save it for Friday. Getting a good night's rest on Saturday night can benefit you in many ways.

First, when 9:30 a.m. Sunday School rolls around, you won't still be lying under the covers. You'll be dressed and ready for some Jesus time. Second, if you sleep well on Saturday night and wake up for Sunday School, you'll be ready for bed early on Sunday night and, ergo, be well-rested for school on Monday morning. We know it sounds a little too much like the Pythagorean Theorem, but going to sleep at a reasonable hour on Saturday night can provide you with more benefits than you realize.

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### 3. Attend Sunday School, Worship Service, and MBA

If we, the Lake Worth Youth, didn't attend Sunday School, you wouldn't be reading this article. If you weren't reading this article, you would just be fooling around on Facebook.

Picture a bowl of chicken noodle soup. Sunday school is the noodles, the worship service is the chicken, and MBA is the broth. If you don't go to Sunday School, all you would have is a bowl full of chicken and some broth. Gross. If you didn't attend MBA, you would have uncooked noodles and stringy chicken piled high in a bowl. Can you say vomit?? When you combine the noodles, chicken, and broth into one bowl, the end result is a delicious, heart-warming bowl of comfort food.

Sunday School and MBA add to your spiritual backbone. As young Christians, we don't want to be spineless and only attend the Sunday service. We want to stand strong and tall and attend *every* meeting in our branch.

### 2. Stay Connected With Other Young People

Facebook, Tumblr, Twitter, Instagram, MySpace (who still has a MySpace?? Move on...) All of those social networking sites do one thing: keep you connected. One unique aspect of our church is that we have friends all over the country and sometimes the world. Using social networking powers for

good (and not evil) helps us to stay connected with one another.

Write on your friend's wall, tweet a positive message, or Instagram a pic of you going to church on Sunday morning. It brings a blessing to everyone!

### 1. Find a Personal Way to Communicate With God

"Are you there, God? It's me, Margret." OK, we're not going to dive into that book, but Margret found a way to personally communicate with God. There are so many ways to talk with Him: you could say a focused prayer, write Him a letter, close your eyes and let your mind wander on godly things, sing a song, write a poem...the list goes on and on. The key is finding a personal way to speak to God. No matter which one you choose, He hears everything we say *and* the things we don't say.

We hope this list helps you find ways to be a successful young Christian.

Life can be difficult, but with God...no need for a religious cliché here. You know that having God in your life makes everything better. Trust in God. Communicate with God. Be a positive light to your friends. Most importantly, be a successful young Christian.

And come visit us in Lake Worth! We'll take you to the beach and Disney World and Key West and ... Sunday School!!

## Get a Grip on Your Personal Top 10

Here's our Top 10 checklist so you can do a little old-fashioned soul searching. This little eval should help you pinpoint your strengths and weaknesses as a young Christian.

10. How many times do you look at your phone during a typical church service?

9. Have you ever invited a friend to church?

8. Do you go out of your way to show the Love of God?

7. Do you look forward to going to church activities, or do you usually make excuses?

6. Would Jesus want to listen to your iTunes playlists with you?

5. When was the last time you testified?

4. Do you feel like a zombie most Sunday mornings?

3. Are you attending all the church services you can?

2. Do you use social media to maintain godly friendships?

1. Are you talking with God on a regular basis?