The Faith of Enos – How is it Done?

UNIT 6 - Evidence of Authority and Establishing the Church

GRADES 1-3

THE HOLY BIBLE (KJV)
HEBREWS11:1, “Now faith is the substance of things hoped for, the evidence of things not seen.”

THE BOOK OF MORMON
ENOS 1:7-8, “And I said: Lord, how is it done? And he said unto me: Because of thy faith in Christ, whom thou hast never before heard nor seen. And many years pass away before he shall manifest himself in the flesh; wherefore, go to, thy faith hath made thee whole.”

OBJECTIVES
The student will:

- Recognize the faith and desire of Enos to belong to God’s family
- Recognize that God listened to Enos’s prayers
- Recognize that God listens to his/her prayers

MATERIALS
Holy Bible and The Book of Mormon
Bow and arrow or picture of bow and arrow
Pencils/Crayons
Lesson Resources: http://edu.ripsystem.org/lesson_Plans.cfm
- Mind Map-Dialogue, Prayer
- The Faith of Enos, Activity Page

TEACHER NOTE

45 minute lesson

To prepare for this lesson, study the scriptural references listed in PROCEDURE.

Note: The Church of Jesus Christ uses the Authorized King James Version of The Holy Bible and The Book of Mormon published by The Church.
PREVIEW

Motivation/Introduction (5 minutes)

✓ Show students a bow and arrow or a picture of a bow and arrow.

Q. What are bows and arrows used for? Who uses them?

Today we will learn about a hunter, named Enos, who prays with faith and how God answers his prayer.

Lesson Development (5-10 minutes)

1. Relate the story of Enos's faith in Jesus Christ.
2. Paraphrase in your own words or use script below.

Enos lived many years before Jesus was born. He liked to hunt for wild beasts in the forest. One day, while hunting in the forest, Enos thought about the lessons his father taught him. His father believed in Jesus and he taught Enos to believe too. Enos's father wanted to go to heaven and he talked to Enos about it. Enos saw that the people who believed in God, who believed in Jesus, who believed in heaven were very happy!

Enos believed his father spoke the truth. Enos did not see God, but He believed that He created the heavens and the earth. He did not see Jesus, but he believed that Jesus would save Him. Enos wanted to be a member of God's family. Faith is believing even though you cannot see it.

Enos prayed really hard all day long asking God to forgive him of his sins. He asked Jesus to be his Savior. Enos wanted to go to heaven one day. While Enos was praying, God spoke to him and said, "Enos, your sins are forgiven, and you will be blessed."

Enos asked God, "How are my sins forgiven?" God answered, "Because you believe in Jesus, whom you have never heard nor seen."

Review/Assessment (5-10 minutes)

Q. Who taught Enos about God?
Q: What did Enos think about when he went hunting?
Q: For what does Enos pray?
Q. How does God answer his prayer?

Give each student The Faith of Enos activity page to complete in class (See Materials).

Life Application (15 minutes)

Q. Can you think of someone who teaches you about God?
Q: What are some things you pray for and how does God answer your prayers?

2. Tell students to write or draw in the caption of the assignment something they prayed for, and how God answered. Students color the pictures.

Scripture Texts/ References/ Memory Verses

Holy Bible:
Romans 10:13
Hebrews 11:1

The Book of Mormon:
Book of Enos

Scripture Cheer: Enos 1:15 ...Whatsoever thing ye shall ask in faith, believing that ye shall receive in the name of Christ, ye shall receive it.

Follow-Up/Take-Home Activities (1 minute)

✓ Take home activity page and mind map.

Suggestions/Scriptures for Further Study/ Exploration/ Extension of Topic

Future lesson:
• Daniel's faithfulness with prayer, Daniel chapter 6

Key words: Enos, pray, faith, Jesus, forgiveness, hunt, forest